



World Cup Sports Academy

Survivor Nature and Hiking Camps – Policies and Procedures

As World Cup Sports Academy (WCUPSA) continues to closely monitor the rapidly changing situation and information provided by the federal and state agencies including the CDC, the PA Department of Health, and the Governor of Pennsylvania regarding COVID-19, our goal is to deliver Survivor Nature and Hiking Camp in accordance with the guidelines that have been put forth by these agencies. Internally, our leadership is working with the Radnor Township Recreation and Community Programming Department relative to these guidelines as we are committed to keeping everyone safe at our program this summer.

As changes and new information is put forth by these agencies, we are prepared to respond and adapt accordingly to the best of our abilities. As substantial information impacts the following procedures, updates will be communicated. Please know this situation and the corresponding guidelines are constantly evolving. This, along with other factors, may result in the closure of part, or our entire program at any time. Camper health and safety, along with that of our camp families, will remain a top priority for us this summer.

Please see below for more information on what to expect at camp and the guidelines we will be following as of today's date. Any modifications or new information will be evaluated and incorporated as necessary.

Camper Conduct

Campers will be expected to behave in accordance with all health and safety regulations outlined here. There will be zero tolerance for camper conduct that goes against these regulations or makes other campers or staff uncomfortable. Continued behavior that is deemed unsafe or inappropriate may result in dismissal from camp without refund. WCUPSA is committed to providing a safe space for all campers and staff as we take every precaution to ensure a successful summer.

Camp Day

a. Arrival/Pick-up

Each camper will receive a temperature and symptom check assessment before they are permitted to enter the camp site. A symptom check assessment includes cough, shortness of breath, diarrhea, fatigue, headaches and pains, nausea, loss of taste or smell, sore throat, and vomiting. Assessment information will be logged each day. Any camper registering a temperature of 100.4 degrees or more will not be permitted to attend camp or return to camp

for at least 72 hours and until their temperature checks below 100.4. Upon meeting the temperature check requirements, the camper will be permitted to enter the camp site.

Camper pick-up will be in the same area as drop-off. Staff will be deployed to aid campers in reaching their cars. Parents are asked to leave the park promptly after picking up their camper to avoid gatherings and help with traffic flow.

b. During the day

Campers and staff will be placed into small groups that will stay together within that camp group each day and for the week. The size of each group will not exceed more than 25 including all group staff members. Groups will maintain a staff member to camper ratio of 1:10 or lower. Campers will be broken into smaller groups allowing social distance practices to be more easily implemented.

Once at camp, efforts to maintain a social distance of 6' will be made at all times by staff for campers. It may not be possible to maintain a definitive 6' social distance at all times but efforts will constantly be made by staff to be creative and vocal in this area. On the first day of camp, these guidelines will be reviewed with examples. The daily welcome area will be allocated to allow for extra space and spreading out. The daily welcome area will also serve as the daily departure area at the end of the day where the same procedures will be deployed. Exceptions to this, for example, will be during times of inclement weather when campers may wait temporarily under cover.

Our daily activities may be altered in comparison to previous years to allow for maximum social distancing. Please be aware that certain activities/games we have enjoyed in the past may not be possible this year.

We will encourage campers to wear face coverings/masks when feasible, particularly during drop off/pick up, activities when close proximity is unavoidable, and other down times when the campers are not active. Extra consideration will be given to campers who are unable to maintain the wearing of a face covering for extended periods of time, times when extra breathing is needed such as during physical activity, or due to sensory-based concerns.

Staff members will wear a face covering or a mask as much as possible throughout the day, especially upon arrival and departure, and when in closer contact with campers.

Campers and staff will be asked to bring their own face covering or mask that is comfortable and secure.

Campers will be required to bring their own bottles of water each day, with enough to last throughout the day. A limited amount of bottled water will be on hand for emergencies.

Campers will need to bring their own lunch to camp each day. Please try to ensure that your camper can manage all parts of the lunch by himself/herself. Staff members will take extra precautions managing this year in not wanting to handle food for their campers. We understand, however, that extra attention may be needed regarding younger campers or campers with special needs. Campers will be asked to wash their hands before they eat. Hand washing stations will be available in the park for camper use.

We recommend that parents/guardians also apply sunscreen to their camper before coming to camp. For campers that are unable to reapply sunscreen at camp the spray or dot method will be used – spray bottles will be sprayed on the campers and they will be responsible for rubbing it in; liquid bottles will be ‘dotted’ onto the camper by the staff members and the camper will be responsible for rubbing it in.

If a camper becomes sick while at camp, a parent/guardian will be contacted right away. The parent/guardian will need to pick up his/her camper as soon as possible. In the meantime, the camper will be asked to wait in a pre-designated comfortable area away from the other campers (but able to be supervised by a staff member) until the parent/guardian arrives. Parents/Guardians who do not pick up their camper within a one-hour time frame will forfeit their camper’s enrollment at camp.

At the beginning of camp, staff members will conduct group trainings and there will be demonstrations on behaviors and precautions campers should abide by to prevent the spread of COVID-19, including:

- How and when to effectively wash and sanitize hands
- How to practice social distancing in various settings at camp
- What symptoms to look out for and who to report them to
- When it is appropriate to stay home
- What the appropriate coughing and sneezing etiquette looks like
- How the virus can spread and how to prevent it from spreading
- What the camp is doing to prevent campers from getting sick
- Other camp-specific guidelines and policies

We will ask that all parent/guardians speak with their camper before attending camp to remind them of the importance of trying to maintain safe social distances from other campers and staff members, along with reviewing the procedures and information contained within this document.

Communication Plan

At any time prior to or during the camp operating period, it is the responsibility of the camp family to disclose if there has been a Covid-19 diagnosis or exposure either by any family member living in the household or by the camper. In addition, they are asked to inform us of any recent travel abroad by any family member living in the household or by someone visiting the household.

A senior WCUPSA staff member will serve as the Safety & Communications Coordinator and will be responsible for responding to and communicating all Covid-19 related concerns with the Radnor Township Recreation and Community Programming Department. This person's contact information will be provided to all parents/guardians prior to the first day of camp. This person will be the primary contact for campers, parents/guardians, and staff and will be able to address any questions and concerns related to the COVID-19 pandemic as it relates to Survivor/Nature camp.

The WCUPSA Safety & Communications Coordinator will be the primary contact at the Willows. Parents/Guardians will be provided with their contact cellular number prior to the start of camp, along with a list of contact information for the WCUPSA leadership team. Camp families and staff are asked to self-report to the Safety & Communications Coordinator if they have symptoms of Covid-19, a positive test for Covid-19, or have been exposed to someone with Covid-19 within the last 14 days. The Safety & Communications Coordinator will communicate with the Radnor Township Recreation and Community Programming Department. After further review of the situation, the appropriate protocol for restricting portions of the camp to operate or closing the camp entirely will be determined.

The Safety & Communications Coordinator will work closely with and in notifying the Radnor Township Recreation and Community Programming Department on all Covid-19 and related matters during the summer 2020.

Health and Safety Procedures

A hand washing protocol will be present throughout the program that is applicable to both staff and campers. Campers will be asked to wash their hands frequently, especially upon arrival, returning from hikes, before eating, etc.

Staff members will be provided with a first aid kit, rubber gloves, hand sanitizer, and other essential supplies.

WCUPSA will be responsible for ensuring that bathrooms are cleaned and sanitized daily, before camp begins, along with having appropriate supplies such as toilet paper, hand sanitizer, and soap. Staff members will be expected to monitor the availability of these items and ensure that items are refilled as needed. Extra supplies will be made available. If at any time sufficient facilities or supplies cannot be maintained, the site may be temporarily or permanently closed.

Hand sanitizer will also be available at each camp site. In addition, campers will also be asked to bring their own hand sanitizer each day to ensure availability and usage when away from the camp's hand sanitizer.

Campers will also be asked to bring their own pack of tissues each day to ensure availability and usage when away from the location of the camp's tissues. All used tissues must be thrown away immediately and campers must wash their hands or use hand sanitizer immediately.

Campers will be encouraged to step away from the group setting when having to sneeze or cough. Sneezing and coughing should be muffled into the elbow. We ask that parents/guardians please reinforce these practices at home in advance of the start of camp.

All sports equipment and supplies that may be shared during a game or activity will be disinfected or washed thoroughly each day.

Camp will take place outdoors each day. For any campers who have breathing-related medical conditions, please consult your doctor prior to taking part. Your camper will be exposed to outdoor elements such as fresh cut grass, high pollen, and other allergens while at the park. Please seek proper guidance before sending your camper to camp if they have a heightened sensitivity in this area. Staff and campers who are or are unsure if they are at a higher risk of severe illness from Covid-19 should consult with their medical provider before attending camp.

The Willows Cottage located near the entrance to the Willows Park will be used in the event of unexpected inclement weather for gathering by the campers.

Signage will be posted and reviewed with campers at each site in accordance with all noted guidelines. Routine announcements will be made at camp to provide campers with reminders about the corresponding guidelines and procedures.

Staff training on these policies and procedures will occur virtually as well as in-person on site to acclimate to all related Covid-19, safety, and operational protocols and procedures. WCUPSA will do everything it can to have a sufficient amount of back-up staff members available to support and lead camper groups.